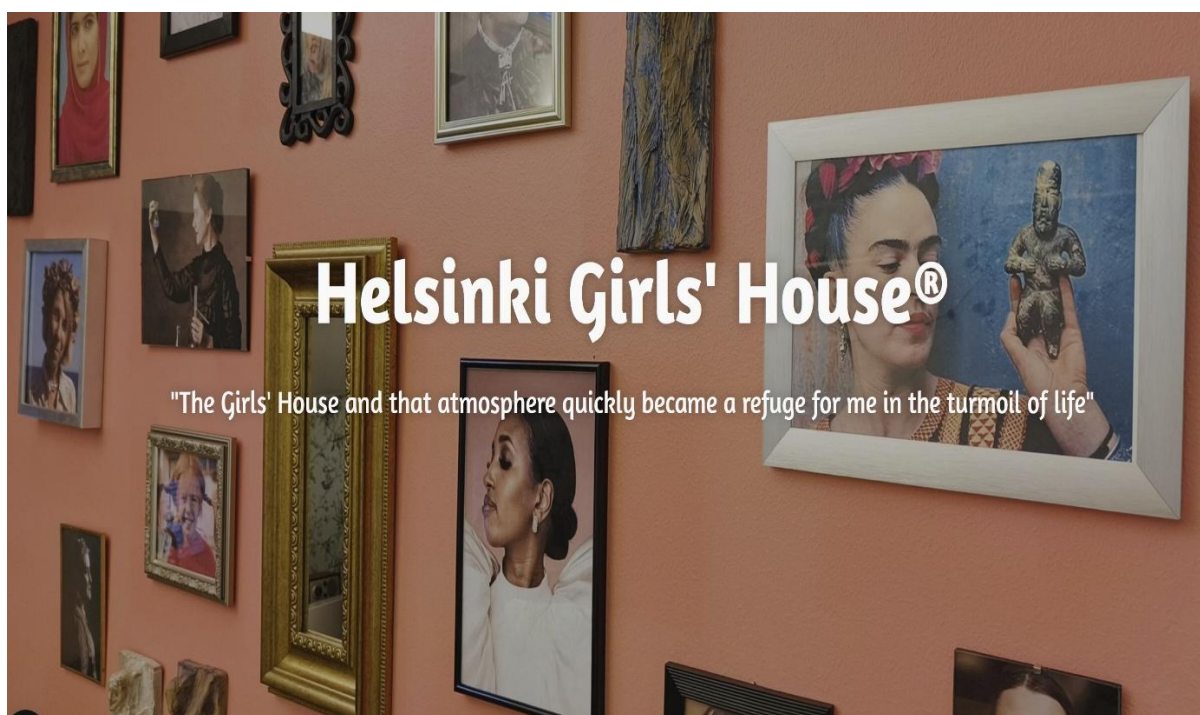


Erasmus+ jobshadowing visit, 8th – 11th of December 2025
to
the Finnish Settlement Association in Helsinki



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Erasmus+

The jobshadowing visit is supported by the Danish National Agency of the Erasmus+ programme of the European Union

The programme frame

Title:

Jobshadowing visit to the Finnish Settlement Association

Time and place:

From Monday, 8th to Thursday, 11th of December in Helsinki (FI).

Type of event:

A 4-day Erasmus+ jobshadowing visit.

Summary of the Erasmus+ mobility project

Context

The jobshadowing visit is part of the 18-month Erasmus+ Mobility project, October 2025 – March 2027, entitled: “Synergies between social inclusive and green sustainable NGO activities (SYNERGY)”.

For this project Interfolk has received a grant from the [Danish Erasmus+ Office](#) to complete 23 mobilities, including 4 jobshadowing visits for 14 participants visits and 3 week courses for 9 participants.

Background and need

For over 15 years, Interfolk has been involved in more than 40 international projects, and most have been about the added community values of lifelong learning and culture activities in a civil society context.

But we still need, in general, to improve our work with the added community values of environmental sustainability, and especially to elaborate the synergies between social and green community values, where green engagement can build bridges over social differences and cultural prejudices.

Aim and objectives

The synergies between social and environmental sustainability are an important issue for the huge trans-cultural NGO sector of amateur arts, voluntary culture, and heritage as well as the social NGO sector, and it is also important for the many of the new Nordic and EU funding programmes that support international cooperation.

We wish to get new inspiration and knowledge to promote the added community values, not only back home but also in cooperation with other European partners with the aim

- to exchange best practice and state of arts knowledge,
- to provide innovative pilot work, both in a local, national and international contexts,
- to develop new local and cross-national course packages and other online, onsite and blended events, like conferences, seminars, and symposia
- to establish new Nordic and European network for further cooperation about the topic.

Number and profile of participants:

The participants are learning providers, who are working with topics related to promoting synergies between social inclusive and green sustainable activities in the local communities.

Number of participants: 5

The host organisation and the sending organisation

The host association



Finnish Settlement Association - see <https://setlementti.fi/>
Sturenkatu 11 A, 4th floor, FI-00510 Helsinki

Contact: Laura Lehikoinen, coordinator of the community outreach Program and Peace Ambassador Academy.

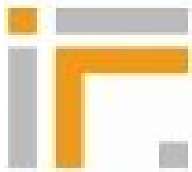
laura.lehikoinen@setlementti.fi * (+358) 44 797 2479

The Finnish Settlement Association is the umbrella for the Finnish settlement movement, and it is a non-governmental organization, whose area of activity covers the entire spectrum of life, from educational work to social services. It includes 32 local associations, or settlements. The activities are politically and religiously non-aligned.

The basic mission of the Settlement Association is to promote activities in accordance with settlement values, support settlements with expert services, and coordinate national projects. We increase dialogue between influential figures in society, business decision-makers, the media, and citizens.

The Settlement Association's income consists of general grants (STEA, OKM and OM), STEA grants, other grants, operating income and fundraising.

The sending association



The sending organisation is Interfolk, Institute for Civil Society.
Skovgade 25, 5500 Middelfart, Denmark * <https://interfolk.dk/>

Contact person: Hans Jørgen Vodsgaard, chief executive
hjv@interfolk.dk * (+45) 51 300 320

Interfolk, Institute for Civil Society is a Danish non-profit and non-governmental association and private research institute, founded in 2008 with office in Middelfart.

Interfolk is a member of the Danish [NGO-network for international project work](#), [the Baltic Sea NGO Network](#); [Musisk Center Danmarks Fond](#); [the European Network for Active Participation in Cultural Activities \(AMATEO\)](#); and the [FIRST Network – supporting first-time international project leaders](#).

The mission is to strengthen lifelong learning activities characterized by personal autonomy, active citizenship, social inclusion, cultural cohesion and green sustainability in a civil society context.

The activities include research, development projects, courses, seminars, symposia and other lifelong learning and cultural activities – in the context of the Danish, Nordic, and European civil societies.

Interfolk has been involved as coordinator or partner in more than 40 international projects related to informal and non-formal lifelong learning in the areas of liberal adult education, social work, participatory culture and heritage, such as "Bridging social capital by participatory culture", "Culture Guides for social marginalised", "Co-creative cooperation in the field of culture and heritage", "Voluntary culture as leverage of cultural activities in sparsely populated areas", "Art-based learning and active ageing", "Develop online tools to assess the added community values of participatory culture", "the Micropolis-project"; and many more.

Flights, local transport, and accommodation

Flights:

Flights to Helsinki, Monday, 8th of December:

- With SAS from Copenhagen Airport (CPH) to Helsinki Airport (HEL): **12:45 – 15:25**.
Direct flight, 1h. 40 min. – 1 hour time difference).

Return flights, Thursday, 11th of December:

- With SAS from Helsinki Airport (HEL) to Copenhagen Airport (CPH): **16:05 – 16:55**.
Direct flight: 1h. 40 min. – 1 hour time difference).

Local transport:

We take the Airport train to the Central Station. During the programme in Helsinki, we use taxis for longer distances, and for shorter distances we use the “horses of the apostles”.

Hotel:

All 3 nights we stay at [Hotel Arthur](#), Vuorikatu 19, Helsinki, 00100.

It is a fine and service minded 3-star hotel with 16 m² standard rooms incl. free breakfast, free wifi, 30-inch flat screen TV. Less than 500 m from the Central Railway Station and near the city centre.

Meals:

Free breakfast at the hotel. Most of the main meals will take place at booked restaurants as part of the programme, it means free dinner Monday, free lunch and dinner Tuesday and Wednesday, free lunch Thursday. Extra drinks are at your own expense. Meals and drinks at the airports and the flights are also at the participants own expense.

The day-to-day programme: 21st – 26th of April 2024

Monday, Dec 8: Arrival to Helsinki

- 10:40 We meets in Copenhagen Airport in Terminal 3 in front of the check-in desks of SAS
- 12:45 Departure to Helsinki Airport
- 15:25 Arrival to Helsinki Airport (Finnish time).
- 17:00 Arrival to Hotel Arthur. After getting the luggage, we take the [airport train](#) to Helsinki central Station (30 min) and walk 500 meters to the hotel (15 min).
- 18:30 Dinner in the city (and free time)

Tuesday, Dec 9: Federation Office and Loisto Settlementti

08:55 Taxi from hotel to Federation office, Sturenkatu 11

09:15 – 12:00: *At Federation office:*

- 09:15 – 10:15: Welcome, presentations, introductions
- Welcome by FSA and presentation of programme & FSA persons
 - Presentation of Danish visitors and their expectations to the visit
 - Intro to Peace Ambassador Academy (some young people could come meet us)
 - Intro to Community colleges Outreach work.
By Laura Lehikoinen, coordinator of the community outreach Program, and Peace Ambassador Academy.

- 10:15 – 10:30: Coffee break
- 10:30 – 11:45: Intro to [Kalliola Settlement](#): Adult Education [Community College](#)
(in the same building as our Federation office, Sturenkatu 11)
By Minna Lankinen, Vice Principal and Laura Lehikoinen
- 12:00 – 13:00 Lunch at [Bruket Café](#), close to Loisto Settlementti.
- 13:00 – 15: 00: Visit [Loisto Settlementti](#) (Hämeentie 13, close to Federation office, about 1 km away)
[Boys' House](#) 13-14
[Girls' House](#) 14-15
Presentation by By Anniina Muoniovaara, Petrus Siltala, Kimmo Saastamoinen
- 16:00 – 17:30: Free option - Cultural walk in the city centre for the Danish group
- walk at Esplande Park to the Market Square.
- Visit the [Helsinki Cathedral](#) , [the Senate Square](#), and the [Uspenskij Cathedral](#)
(or maybe visit to the peace event at [Kamppi Chapel](#), organised by Laura)
- 19:30 Dinner in Town

Wednesday, Dec 10:

- 09.40 Taxi from hotel to the Federation office, Sturenkatu 11
- 10:00 – 11:00 Presentation of [the Sekasin Gaming project](#)
By Joosua Valkeakunnas, project and team leader at Sekasin Gaming
- 11:00 – 12:00 Presentation of [Child and Youth work, webinars](#) attended by thousands of professionals from across Finland,
By Milla Rekola, Coordinator of Child and Youth Work
- 12:00 – 13:00: Lunch at Alice Italian, Konepajankuja 1, 00510 Helsinki. See www.aliceitalian.fi
- 13:30 – 15:30: Visit to [NGO Children of the Station](#).
Presentation by Co-host Cristian Wentzel, Executive manager
- 16:00 – 17:00 Visit [Helsinki central library Oodi](#).
- 19:00 – 21:00: Festive Dinner at [Zetor Restaurant](#), Mannerheimintie 3-5, 00100 Helsinki

Thursday, Dec 11: Federation office, presentations, possible project plans, wrap-up

- 8:55 Taxi from hotel to the Federation office, Sturenkatu 11
- 9:15 – 10:15 Intro to [IFS - organisation and history](#) and current priorities for international project work, and getting to know other employees
By Juha-Erkki Mäntyniemi, CEO & Nina Kaipio, Chief Operation Manager
- 10:15 – 10:30 Coffee break:
- 10:30 – 11:20 Intro of the Danish organisations and presentations of good practice examples.
- Hans Jørgen Vodsgaard, chief executive at [Interfolk](#): short intro to Interfolk and this jobshadowing as part of a wider Erasmus+ mobility project with focus on synergy between social and green NGO-work.
- Susanne Juhl Paaske, general manager at [Voluntary Center Middelfart](#): short intro to the centre and more about the [Socialkompas.dk](#)

- Kamilla Krogh Uttrup, team coordinator / Cultural Consultant at the [Culture Island](#): short intro to Culture island, incl the [Peoples' Climate Meeting](#)

- Vibeke Skøtt, Project consultant for Sustainable Local Communities in Middelfart Municipality: Short intro to [the work and present key challenges](#)

- Kristian Lindegaard Svendsen, Volunteering and development consultant in Middelfart Municipality: Short intro to [the work and present key challenges](#)

11:25 – 11:45: Dialog about international project plans and possible cooperation

Moderator: Laura Lehikoinen,

11:45 – 12:00 Evaluation round and wrap-up

12:15 – 13:15 Lunch nearby

13.15 Taxi to airport (14:00 check-in at airport)

16:05 Departure from Helsinki Airport with arrival at Copenhagen Airport at 16:55 Danish time (direct flight, 1 hour and 40 minutes, with 1 hour time difference from FI to DK)

17:45 Leaving Copenhagen Airport

Practical information

Conditions and price

Participation is free. The Erasmus+ Mobility grant can cover travel expenses, hotel rooms, main meals, local transport, possible entrance fees and host costs, and Interfolk's administration.

Participants only need to bring pocket money to cover any café visits during their free time, extra drinks for the communal meals, expenses for souvenirs, gifts, etc.

Visa card can be used all places in Finland (EUR), and it is easy to find cash machines, if needed.

Insurance:

Since this is a short-term jobshadowing visit, where participants join without paying a fee and without an employment obligation with the sending organisation, it is the participants' own responsibility to have or take out travel, accident and liability insurance for the trip.

Tour leader and contact person:

Hans Jørgen Vodsgaard, chief executive, [Interfolk](#)
hjv@interfolk.dk * (+45) 51 300 320