

A Budapest Környéki Népfőiskolai Szövetség kapacitásfejlesztése az európai értékek mentén

Capacity development of the Folk High School Association Surrounding Budapest according to the European values



Erasmus+

Hungarian study visit, 20th – 24th of May 2024 to Askov

Good practice of Danish NGOs providing community work and lifelong learning



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This programme version may be subject to minor changes without notice

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The training course is supported by the Hungarian National Agency of the Erasmus+ programme of the European Union

1. The frame

Course title

Good practice of Danish NGOs providing community work and lifelong learning

Time and place

The study visit takes place from Monday evening, 20th of May to Friday morning, 24th of May 2024 at Musisk Centre / Askov Folk High School, Maltvej 1, 6600 Vejen, Denmark

Type of event

A residential 3-day training course exclusive travel days.

2. Summary of the Erasmus+ mobility plan

Context

The Erasmus+ training course is part of the Erasmus+ Mobility project: “**Capacity Development of the Folk High School Association Surrounding Budapest according to the European values**”, July 2023 – Dec 2024 with the National registration number of 2023-1-HU01-KA122-ADU-000142977

The training course is provided by [Interfolk, Institute for Civil Society](#).

Aim and objectives

The overall aim for this training course is to promote organizational development for a civil society association that provides lifelong learning activities on the countryside,

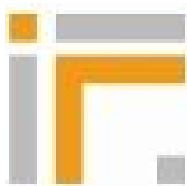
- by examined and showing how voluntary work is imperative for many cultural and liberal adult education associations and for the services they can offer to the local communities, especially those that works at the countryside with fewer cultural and educational institutions with public support.

Number and profile of participants

The participants are paid and voluntary staff that are active in The Folk High School Association Surrounding Budapest (FHSASB). Expected number of participants: 8

3. The host organisation and the sending organisations

The host association and course provider



The sending organisation is [Interfolk, Institute for Civil Society](#).
Skovgade 25, 5500 Middelfart, Denmark * <https://interfolk.dk/>

Contact person: Hans Jørgen Vodsgaard, chief executive
hjv@interfolk.dk * (+45) 51 300 320

Interfolk, Institute for Civil Society is a Danish non-profit and non-governmental association and private research institute, founded in 2008. Interfolk is a member of the Baltic Sea NGO Network; the

International Platform for Civic Participation (IPCP); the European Network for Active Participation in Cultural Activities (AMATEO); and the FIRST Network – supporting first-time international project leaders.

The mission is to strengthen lifelong learning activities characterized by personal autonomy, active citizenship, social inclusion and cultural cohesion in liberal adult education and participatory culture.

The activities include research, development projects, courses, seminars, and other lifelong learning and cultural activities – in the context of the Danish, Nordic, and European civil societies.

Interfolk has been involved as coordinator or partner in more than 30 international projects related to informal and non-formal lifelong learning in the areas of liberal adult education, participatory culture and heritage, and many have been about the added community values of culture activities in a civil society context, like “Micropolis – the power of strong local communities”, “Bridging social capital by participatory culture”, “Culture Guides for social marginalised”, “Co-creative cooperation in the field of culture and heritage”, “Voluntary culture as leverage of cultural activities in sparsely populated areas”, “Art-based learning and active ageing”, “Develop online tools to assess the added community values of participatory culture”, and many more.

The sending association



The host is the Folk High School Association Surrounding Budapest (FHSASB), 2000 Szentendre, Pátriárka u. 7, Hungary. See www.bknsz.hu

Course leaders: Marianna Labbancz, project manager & Júlia Nagy, president.
Contact: bknsz@t-online.hu

The aim of the Folk High School Association is to offer liberal education of the population living in the countryside, mainly engaged in agricultural activities, to promote the Hungarian consciousness and the need for self-education.

We also intend to promote a cooperation between generations based on trust, through the flow of knowledge and information, where we involve young people in various community programs linked to the conscious use of IT tools to secure a digital transformation.

The activities include [Cultural programs](#), [Trainings](#), and [Village research](#).

3. The day-to-day programme: May 20 – 24, 2024

Period:

A 5-days trip from Monday to Friday, May 20 – 24, 2024 with

- flight from Budapest Ferenc Liszt Airport (BUD) to Copenhagen Airport (CPH), Monday, May 20, return flight from Copenhagen Airport to Budapest Airport, Friday, May 24, 2024.

The Hungarian group will rent a 9-persons minibus at Copenhagen Airport for the local transport to Askov Folk High School and the local excursions around in Jutland and to Middelfart, and deliver it again at the airport.



Monday, May 20: Arrival

- 15 – 16 Arrival to Askov Folk High School. Local travel from Copenhagen Airport to venue in minibus for 9 persons at the Airport
- 16:00 - 16:30 Check-in and accommodation at [Musisk Center](#)
- 18:30 - 19:00 Visit the national meeting place, [Skibelund Krat](#)
- 19.00 - 20:30 *Dinner at [Skibelund Restaurant](#)*
- 21:00 – *Evening coffee at Læsesalen, Askov Folk High School*

Tuesday, May 21: Introduction and local visits

- 08:00 - 08:45 *Breakfast at the Dining Hall, Askov Folk High School*
- 09:00 - 12:00 Morning - Sessions in Sporvognen, Hvide Hus and guided tour at Askov Folk High School**
- 09:00 - 09:30 Presentation of participants and the course programme and the learning goals. By Hans Jørgen Vodsgaard, chief executive of Interfolk
- 09:30 - 10:30 Guided tour at Askov Folk High School and introduction of the learning methodology Folk High School movements. By Rikke Holm, Principal Askov Folk High School
- 10:30 - 10:45 *Morning coffee break*
- 10:45 - 11:45 Presentation of the Danish civil society and NGO work. In Sporvognen, Hvide Hus By Hans Jørgen Vodsgaard, Leader of Interfolk
- 12:00 - 12:45 *Lunch at the Dining Hall, Askov Folk High School*
- 13:30 - 15:00 Visit to [Vejen Art Museum](#), incl. presentation and dialogue about the activities and the voluntary work by Vejen Art- and Museum Association By Marianne Roland Munch, deputy chairman, Vejen Art- and Museum Association
- 15:00 - 18:00 Free time
- 18:15 - 19:00 *Dinner at the Dining Hall, Askov Folk High School*
- 19:30 - 20:30 5 min walk to [Askov Wind Mill Museum](#), Presentation of the Museum and the Association of Museum's Friends By Leif Poulsen, deputy chairman
- 21:00 – *Free time / Evening coffee at Læsesalen, Askov Folk High School*

Wednesday, May 22: Excursion to Associations and cultural site at West Jutland

- 08:00 – 08:45 *Breakfast at the Dining Hall*
- 09:00 – 11:30 Departure from Folk High School, and visit 9:30 – 11:30 to [Hygum hjemstavnsård](#) Guided tour and presentation of the voluntary work. By Svend Dixen, chairman & Birgit Søe, board of the Association of Museum's Friends
- 12:30 – 13:15 Lunch at [Weis Stue Restaurant](#) in [Ribe – Denmark's oldest city](#) ¹ Tel. +45 75 42 07 00

¹ Choose lunch menus for the group latest 1 day before, where I must set the booking by email.

- 13:30 – 14:15 Visit [Ribe Cathedral](#) and the city center
- 14:45 – 17:00 Visit [Rømø Bilstrand](#) and the West coast (66 km drive to Askov, 1 hour)
- 18:15 - 19:00 *Dinner at the Dining Hall, Askov Folk High School*
- 20:15 - 21:00 Free time and maybe a visit to the [gardens at Sønderkov Slot](#) (6 km drive)
- 21:00 - Evening coffee at Læsesalen, Askov Folk High School

Thursday, May 23: 1-day excursion to Middelfart

- 08:00 – 08:45 *Breakfast at the Dining Hall*
- 09:10 – 09:55 Departure to [Middelfart](#). 40 min drive
- 10.00 – 10:45 Visit [the town hall](#) with presentation of the Municipality's cooperation and mutual co-creation with local civil society associations
By Henrik Louring, leader of Culture & Leisure
- 11:00 – 12:00 Visit [the Culture Island](#) (Culture House, library, restaurant, tourist information, cinema, and café). Presentation of activities and cooperation with local association.
By Camilla Krogh Uttrup, Culture Consultant and Responsible for the culture programme for the [Green Peoples Meeting](#)
- 12:15 – 13:15 Lunch at [Guldkronen](#), open sandwiches. Tel. +45 64 41 02 63 ².
- 13:15 – 14:45 Free time / Tourist shopping in Middelfart old town
- 15:00 – 16:00 Visit [Volunteer Center Middelfart](#) with presentations of Danish Volunteer Centers and the support to the social and cultural associations in the municipality
By Susanne Juhl Paaske, leader of Volunteer Center Middelfart
- 16:15 – 17:15 Visit [Nature Center Hindsgavl](#) and [Hindsgavl Castle](#)
- 17:45 – 18:45 Visit [Lyng Life Role play](#) and see the activities (weekly activities each Thursday evening for approx. 100 children and adults) – guided presentation.
By Mads v. Dreyer, volunteer at [Lyng Role Play Support Association](#) and board member at Jean Le Fiers Folk and [Freiburg LARP](#)
- 19:30 – 21:00 Dinner at [Restaurant Holms](#), Danish national dish. + 45 6441 0131 ³
- 21:15 - Coffee and drinks at [Café Razz](#) and departure to Askov Folk High School

Friday, May 24: Departure

- 08:00 – 08:45 *Breakfast at the Dining Hall*
- 09:30 Pack suitcases and leave rooms
- 10:00 Departure to Copenhagen Airport

² You can choose between a plate with 5 smaller open sandwiches for DKK 170 (where they can be exchanged) or 2 peaces of normal open sandwiches for DKK 200 - find the menu on the website and order no later than 1 day before.

³ Choose dinner some days before via the website's menu card and send an email about the choice.

4. Practical information

Course venue and accommodation

We have booked single rooms at [Musisk Centre Askov](#), which includes bed linen, shower and toilet, and free wifi. There is also a common social & dining room with own tea kitchen for the group of rooms.

Meals

The group will have some of the meals, especially the breakfast at the big Dining Hall at our own table together with the students from [Askov Folk High School](#) and [Askov After School](#) and other course groups at the place. Most of the meals will take place during our excursions outside the School.

Planned meals at Askov Folk High Schools:

- Breakfast: Tuesday – Friday
- Lunch: Tuesday
- Dinner: Monday, Tuesday, and maybe Wednesday

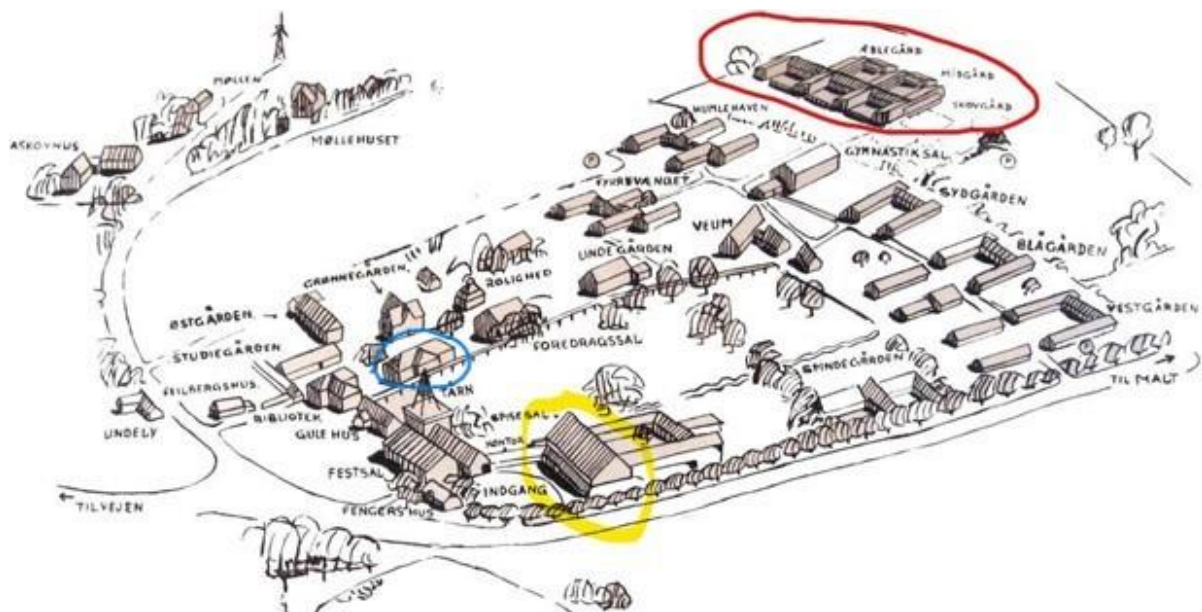
Other meals during excursions – see the day-to-day programme.

We can also buy wine, beers, and waters at the local Supermarkets to have own supply during the excursions and at our own rooms at Musisk Centre. We will also book some evening coffee and drinks at the Folk High School.

Remember

To bring Danish kroner to pay water, beer, wine at Askov High School. Other places you can use credit cards.

5. Map of Musisk Center and Askov Folk High School



Musisk Centre with rooms is above to the right marked with red.

The Dining Hall is marked with yellow circle.

The lesson room in White House is marked with a blue circle.