

Erasmus+ course, 8th – 13th of December 2024 in Middelfart

***Good practice of Danish NGOs providing
community work and lifelong learning***



© 2024: Interfolk

Programme, v5, 1.12.2024

This programme version may be subject to minor changes without notice

Content

THE FRAME	3
COURSE TITLE:	3
TIME AND PLACE:	3
TYPE OF EVENT:	3
SUMMARY OF THE ERASMUS+ MOBILITY PLAN	3
CONTEXT:	3
AIM AND OBJECTIVES:	3
NUMBER AND PROFILE OF PARTICIPANTS:	3
THE HOST ORGANISATION AND THE SENDING ORGANISATION	3
THE HOST ASSOCIATION AND COURSE PROVIDER	3
THE SENDING ASSOCIATION	4
THE DAY-TO-DAY PROGRAMME: DECEMBER 8 – 13, 2024.....	4
PERIOD:	4
SUNDAY, DECEMBER 8: ARRIVAL AND INTRODUCTION	4
MONDAY, DECEMBER 9: CULTURAL ACTIVITIES IN MIDDELFART	5
TUESDAY, DECEMBER 10: INTRODUCTION TO CO-CREATION AND EXCURSION TO AARHUS	5
WEDNESDAY, DECEMBER 11: EXCURSION TO ASSOCIATIONS AND CULTURAL SITE AT WEST JUTLAND	5
THURSDAY, DECEMBER 12: 1-DAY EXCURSION TO MIDDELFART	6
FRIDAY, DECEMBER 13: EXCURSION TO VARTOV, COPENHAGEN.....	6



Erasmus+

The training course is supported by the French National Agency of the Erasmus+ programme of the European Union

The frame

Course title: Good practice of Danish NGOs providing added community values

Time and place: The course takes place from Sunday, 8th of December to Friday, 13th of December 2024 at Middelfart and Copenhagen.

Type of event: A 6-day Erasmus+ training course, exclusive travel days.

Summary of the Erasmus+ mobility plan

Context: The Erasmus+ training course is part of the Erasmus+ Mobility project, which the French Erasmus+ Office has granted to Chouf Chouf.

The training course is provided by Interfolk, Institute for Civil Society.

Aim and objectives: The overall aim for this training course is to learn about good practice of Danish NGOs providing added community values.

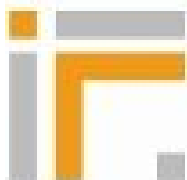
- by examined and showing how voluntary work is imperative for many cultural associations and for the services they can offer to the local communities,
- by learning about co-creative cooperation between local cultural NGOs and public cultural institutions and municipal cultural departments.

Number and profile of participants: The participants are paid and voluntary staff that are active in the French association Chouf Chouf.

Expected number of participants: 8

The host organisation and the sending organisation

The host association and course provider



The sending organisation is [Interfolk, Institute for Civil Society](https://interfolk.dk/).
Skovgade 25, 5500 Middelfart, Denmark * <https://interfolk.dk/>

Contact person: Hans Jørgen Vodsgaard, chief executive
hjv@interfolk.dk * (+45) 51 300 320

Interfolk, Institute for Civil Society is a Danish non-profit and non-governmental association and private research institute, founded in 2008. Interfolk is a member of the Baltic Sea NGO Network; the International Platform for Civic Participation (IPCP); the European Network for Active Participation in Cultural Activities (AMATEO); and the FIRST Network – supporting first-time international project leaders.

The mission is to strengthen lifelong learning activities characterized by personal autonomy, active citizenship, social inclusion and cultural cohesion in liberal adult education and participatory culture.

The activities include research, development projects, courses, seminars, and other lifelong learning and cultural activities – in the context of the Danish, Nordic, and European civil societies.

Interfolk has been involved as coordinator or partner in more than 30 international projects related to informal and non-formal lifelong learning in the areas of liberal adult education, participatory culture and heritage, and many have been about the added community values of culture activities in a civil society context, like “Micropolis – the power of strong local communities”, “Bridging social capital by

participatory culture", "Culture Guides for social marginalised", "Co-creative cooperation in the field of culture and heritage", "Voluntary culture as leverage of cultural activities in sparsely populated areas", "Art-based learning and active ageing", "Develop online tools to assess the added community values of participatory culture", and many more.

The sending association



The visiting association is:

Chouf Chouf - See <https://www.choufchouf.org/>

4 avenue de l'observatoire 04300 Forcalquier, France.

Tel.: + 33 06 66 88 44 28 * E-mail: contact@choufchouf.org

Tour leader: Youssef Akhzouz, leader

Contact: youssef@choufchouf.org * +33 6 66 88 44 28

The intercultural exchange is in the heart of Chouf-Chouf. Since the creation, the association has carried out numerous actions with intercultural exchange as a common thread: cultural exchanges, training, debate evenings, stays for the exchange of practices, internships, support for structures, etc.

Chouf-Chouf is attentive to both global issues and local means of action, allowing us to participate in this fight against the commercial and competitive societal logic, exclusion and social resignation.

The day-to-day programme: December 8 – 13, 2024

Period:

A 6-days course from Sunday to Friday, December 8 - 13, 2024 with

- flight from Marseille Provence Airport (MRS) to Copenhagen Airport (CPH), Saturday, December 7, 2024
- return flight from Copenhagen Airport to Marseille Provence Airport, Saturday, December 14, 2024.

The French group will rent a van or two cars at Copenhagen Airport for the local transport to Middelfart and the local excursions around in the region, and deliver it again at the airport.



Saturday, December 7: Arrival

Saturday check-in at booked Airbnb - maybe in Copenhagen, or at a stop on the way from Copenhagen to Middelfart, or already to Middelfart Saturday directly from the airport (2½ hour drive), or maybe a stop on the way. It can be easier and cheaper than in Copenhagen when you have the cars).

For local activities in Middelfart Municipality - see <https://www.visitmiddelfart.dk/>

Sunday, December 8: Introduction to the course

17:00 - 18:00 Introduction at Tænketanken, [Culture Island](#), Havnegade 6, 5500 Middelfart

18.15 - 19:30 *Welcome dinner at [Jataco](#), Algade 45, 5500 Middelfart*

19:30 – 20:30 Walk n' talk alongside the [harbor promenade](#) and then back by Algade

Monday, December 9: Co-creation and leisure time activities in Middelfart

- 09:30 - 10:10 Introduction to [Culture Island](#) (Culture House, library, meeting rooms, tourist information, cinema, restaurant and café) and cooperation with local associations. By Camilla Krogh Uttrup, Culture Consultant and responsible for the culture programme at the [Green Peoples Meeting](#)
- 10:10 - 10:25 Morning coffee break*
- 10.30 – 11:15 Guided tour at [the Town Hall](#) with presentation of the Municipality's cooperation and mutual co-creation with local civil society associations
By Steen Møller, leader of the Culture & Leisure department
- 11:30 – 12:00 Walk to Trækbanen to see the large Murals about UN's 17 global goals.
- 12:30 – 13:15 Lunch with traditional open sandwiches at [Guld kronen](#), Torvet 2, 5500 Middelfart*
- 13:30 – 15:00 Visit the [Nature Center](#) and [Hindsgavl Castle](#), Hindsgavl Allé 7, 5500 Middelfart
- 15:15 - Organised dinner or just free time*

Tuesday, December 10: Social volunteering and excursion to Aarhus

- 09:30 – 10:15 Presentation of activities at [Lillebæltsværftet](#), Havnegade 98, 5500 Middelfart
By Jens Lautrup, chairman, Association Lillebælt-Værftet
- 10.30 – 11:30 Visit to [Middelfart Volunteer Center](#).
Introduction by Susanne Juhl Paaske, leader
- 12:30 – 13.15 Lunch at [restaurant Holms](#), Algade 60a, 5500 Middelfart / + 45 6441 0131*
- 13:30 - 17:30 Excursion to [Aarhus – the second largest city in Denmark](#) (100 km and 1 hour drive)
Visit the [Old Town and see old Christmas traditions](#), Viborgvej 2, 8000 Aarhus C
- 17:30 – 18:30 Maybe Dinner at [Aarhus Street Food market](#), Ny Banegårdsgade 46, 8000 Aarhus C*
- 18:40 – 19:00 On the way back, visit [Infinite Bridge](#) at Eagle castle, Ørneredevej 3, 8000 Aarhus
- 19:00 – Drive back to Middelfart

Wednesday, December 11: Askov Folk High School and culture in Middelfart

- 09:30 Departure from Middelfart to Vejen in West Jutland (50 km and 40 min drive)
- 10:15 – 10:45 Guided tour at [Skibelund Krat](#), monument park for reunification with South Jutland
By Hans Jørgen Vodsgaard, Interfolk
- 11:00 – 11:45 Guided tour at [Askov Folk High School](#) and introduction of the learning methodology of the Folk High School movement.
By Rikke Holm, Principal Askov Folk High School
- 12:00 - 12:45 Lunch at the Dining Hall, Askov Folk High School*
- 13:00 Departure to Middelfart (50 km and 40 min drive)
- 14:00 – 14:30 Visit [Middelfart Peberkageby](#) i Middelfart Museum, Algade 8, 5500 Middelfart
- 14:45 – 15:15 Visit [Gallery Kildevæld](#), Søndergade 11, 5500 Middelfart
- 19:00 -20:30 Dinner at [Kitzchen](#), Brovejen 386, 5500 Middelfart*
- 20:30 - Final evening in Middelfart, maybe at [café Razz](#)

Thursday, December 12: Nordfyn Folk High School and Culture in Odense

- 09:15 - 10:15 Excursion to [Strib, Vejby Fed](#) and [Varbjerg Strand](#) on the way to Humlemagasinet
- 10:30 - 12:00 Visit [Humlemagasinet](#), Rugårdsvej 51, 5463 Harndrup (25 km and 25 min drive, maybe more with some stops at attractions on the way).
Introduction to the exhibitions and the volunteer work by the friendship association, By Peder Pedersen / Ole Bjørn Pedersen, the leaders of the museum
- 12:15 - 13:00 Lunch on the way to Odense*
- 13:30 - 17:30 Excursion to [Odense – the third largest city in Denmark](#) (50 km and 50 min drive by the idyllic country road: Rugårsvej). Visits to:
[Galleri Jens Galschiøt](#), Banevænget 22, 5270 Odense N
[Kulturmaskinen](#), Farvergården 7, 5000 Odense C (and [Brandts Klædefabrik](#), Brandts Passage 8, 2, 5000 Odense)
- 17:45 -18:45 Dinner at [Odense Street Food Market](#), Lerchesgade 4, 5000 Odense C
- 19:00 – 21:00 Drive to Copenhagen (2 hours drive from Odense to Copenhagen)
- 21:00 - Check-in at booked Airbnb in Copenhagen, with easy parking and near metro line.

Friday, December 13: Grundtvig traditions in Vartov and Christmas in Tivoli

- 09.00 – 14:30 Free time and own lunch
- 15:00 – 15:30 Meeting at [Vartov Centre](#), Farvergade 27 — 1463 København K
Guided tour by Hans Jørgen Vodsgaard
- 15:40 – 16:00 Visit the [entrance hall at the Town Hall](#) on the way to Tivoli Gardens
- 16:15 – Visit [Tivoli gardens in Christmas mood](#), after sunset with all the lights and conclusion of the course.
Free time in Tivoli (Entrance paid by the host, Interfolk)